



A rich man died the other day. Refused to bury his indigestion of life, and left his family bloated.

The doctor's certificate showed that death resulted from a fit of indigestion. The doctor himself said to a friend: "That man was a confirmed drunkard. He had a splendid constitution, I can assure you, but he has been through it all. His stomach had been sound, but he has been through it all."

The symptoms of a disordered stomach are often very varied—headaches, rashes, heartburn, and fits after eating, dull headaches, dingy complexion, discolored eyes, fluctuations in physical strength, nervousness, shortness of breath, &c.

No person will have all these symptoms at once.

The restoration of the stomach to normal health is the first duty of the Practical Golden Medical Discovery. The cure progresses until the functions of the stomach are in healthy operation. Then the appetite is healthy, the sleep restful, the eye bright, the complexion clear.

Please accept my thanks for the benefit which my child received from your beneficent work. W. A. Moore, of Wilkes-Barre, Pa., has been troubled for nearly a year with indigestion, causing him to give up his practice, gave up his "Golden Medical Discovery," and "Pleasant Fields," to "Discoveries," spent eight months, and several thousand dollars, in their attempt to get well.

If you want a cure accept no substitute for "Golden Medical Discovery."

These ORIGINAL Little Liver Pills, purify the blood, and cure all diseases. They have much merit, but are not yet established. Concentrated and refined medical principles extracted from native American roots, herbs, and flowers. They cure feebly torpid and deranged stomachs. Liver and Bowels are their attendant diseases. Alleviate, relieve, or even cure a catarrh.

### The Thermometer.

The principle of the thermometer is exceedingly simple—a small glass tube with a hollow bulb, and a capillary canal through it containing mercury or alcohol, and a graduated scale to mark the expansion or contraction of the expanding substance. The theory of it all is that most bodies expand and contract with the changes of temperature. Mercury and alcohol are exceedingly sensitive to changes of this character and are hence good registering mediums. The use of mercury, or quicksilver is, however, rather limited in its range, as excessive cold causes it to congeal, so alcohol is used for recording very high or very low temperatures. There are three well-known varieties of thermometers, distinguished by the system of marking the degrees. In the Fahrenheit thermometer the freezing point for water is marked at 32 degrees above zero, and zero is placed at the point where the mercury stands when heated in a mixture of snow and salt; the boiling point is 212 degrees. In the Centigrade freezing point of water is made the zero, the boiling point is fixed at 100 degrees and the space between is divided into 100 spaces or degrees. In the Réaumur thermometer, the freezing point of water is made zero, the boiling point 80 degrees. The Fahrenheit thermometer is the one generally used in ordinary measurements of heat and cold to the United States and Great Britain, Ex.

### A MODERN MIRACLE.

"Truly miraculous seemed the recovery of Mrs. Mollie Holt, of this place," writes J. O. R. Hooper, Woodford, Tenn., "who was so wasted by coughing up pus from her lungs. Doctors declared her end so near that her family had watched by her bedside forty-eight hours when, at my urgent request Dr. Kinga New Discovery was given her, with the astonishing result that improvement began, and continued until she finally completely recovered, and is a healthy woman today." Guaranteed cure for coughs and colds. \$5c and \$10.00 at A. M. Hughes', Druggist. Mail order free.

## Every Two Minutes

Physicians tell us that all the blood in a healthy human body passes through the heart once in every two minutes. If this action becomes irregular the whole body suffers. Poor health follows poor blood; Scott's Emulsion makes the blood pure. One reason why

### SCOTT'S EMULSION

is such a great aid is because it passes so quickly into the blood. It is partly digested before it enters the stomach; double advantage in this. Less work for the stomach; quicker and more direct benefits. To get the greatest amount of good with the least possible effort is the desire of everyone in poor health. Scott's Emulsion does just that. A change for the better takes place even before you expect it.

We will send you a sample free. Be sure that this picture is in the hands of every home physician.

SCOTT & BOWES  
Chemists  
409 Main St., N. Y.  
Please send me  
all details.

### THE FARM.

Selection of Seed Potatoes.—In a bulletin on potato culture recently issued by the New Hampshire station, the matter of selecting tubers for seed is treated in the following manner: "Good seed is one of the essentials to success in growing this crop. As the potato decreases in vitality when grown from poor stock, it is best to either select carefully our own seed by saving the product of such hills as yield the greatest weight of smooth marketable tubers, or buy from a reliable grower whom we know to be selecting his seed in this manner. It is a false idea of economy to save a few dollars per acre by using cheap seed, and thereby ruin your chances of success at the start. The fact that many growers are planting small and indifferent seed year after year largely accounts for the low average yield reported and also for the deterioration of most varieties after eight or ten years in the hands of the average grower. Small to medium tubers, selected as already mentioned, that have lost their vitality by sprouting, will generally produce a more satisfactory crop than larger seed of the same variety grown from a poor strain of tubers that have been weakened by excessive sprouting." All this agrees exactly with my notions about selecting potatoes. I have, and it can not be too strongly urged on the attention of the potato planter. Want of proper care in this one point is really the one great stumbling block in the way of full success. Let us more generally attention to it, and our crops will surely and largely increase.

### STOCK NOTES.

Irregular feeding makes thin horses, no matter what quantity is given. Regularity in feeding and work makes long-lived horses.

When oats are fed unbroken they make a better balanced ration.

The pure-bred animal makes from scrub conditions no more than the scrub does.

Clover is richer than grass in the muscle formers, for young animals it is the better feed.

Cream should have uniform consistency as well as uniform ripeness when it goes to the churn.

No animal of any breed or species of domestic animals will uniformly produce young that are all of a uniform order.

The pure-bred animal is the more valuable simply because of its greater capacity to appropriate favorable circumstances.

At no other time in the life of the animal is the influence of liberal feeding or scant feeding so great as when the animal is young.

It takes longer and costs more to make up a pound of loss than it does to add five pounds of gain under favorable conditions.

The age of the animal has much to do with the gain, and other things equal, a young growing animal will make a greater gain from a bushel of corn than one near maturity.

Recommendations of the Court of Appeals be restricted.

Recommendations that the penalty for carrying concealed weapons be increased beyond the reach even of Executive clemency.

Recommendations that all executions of the death penalty be done in the Frankfort penitentiary.

Recommendations that abuse upon the Commonwealth and its treasury be the cost of criminal proceedings be corrected.

HENS OF KANSAS.—Nightingales, larks, swans and such poetic fowls have been haled and binned until the world is very weary of them. Where is the robust American bird, who will write high with joyous pen the harmless, necessary? Why do our children read those fatuous gosses of the Roman epoch? The Hens of Kansas are worthless subjects. How is one year's work of them: \$7,226.11 worth of eggs, which as a Kansas economist does well to remind the world, is interest at 5 per cent, or \$144,522.28. To say nothing of "birds" and other by-products. Kansas hens make more money for Kansas than do her sheep, wool, barley, flax, fruit, sorghum, oats, potatoes. The hen should be the bird of Kansas as the eagle is the bird of freedom. "With the Procession," Everybody's Magazine for January.

As a suggestion, the farm woman might take up the subject of the school facilities provided for their children, and a little concerted action in that direction might result in a very great betterment of prevailing conditions. Let them see that the children are housed comfortably and taught properly; see that the seemingly dull child has as careful instruction as do the bright ones. Take the teacher into your confidence, make yourselves familiar with present conditions, and try to plan for more desirable ones. You can make your children love the farm life, and much can be done, also, to develop tastes and higher ideals in your neighborhood. The social affairs are too often sacrificed to the fancied needs of the material.

EARLY MORNING IN THE HOME.—January is the month when, if at all, the busy mother can count on a little leisure; but more often than not, the short days find us with many unfinished tasks on our hands. In these cases, we must make up our minds to do the very necessary things first leaving the less needed for another time. Let the girls and boys help all they will in the early mornings and evenings. Let them feel a responsibility for part of the work, assigning some regular tasks to each, and insisting on its timely performance. Have a regular hour for getting up, even though the morning is cold, and do not let the family lie in bed until you have the breakfast on the table. If you do, there will be cross, silly faces, and the children, at least, will wait to come to the table half dressed, uncombed, and oftentimes unwashed, they will be irritable, ready to snap and quarrel with each other, thus starting the day with clouds and content.

### Pert Paragraphs.

Winter is a dream of delight to those who don't have to chop wood, fodder the cattle or pay the coal bill.

Secondhand servants are apt to be better than the nussed sort.

When you have found a maid, be he true discovered one also.

He is an artist who knows enough to wait until he is hungry enough to enjoy his dinner.

If we never felt that we ought to do a thing we wouldn't know what to worry about.

### It called up soon after the fire is started in the living room, with the consciousness that their part of the morning work is awaiting them, they will be ready for their breakfast, and the getting ready for school, mid-day need not be of the "rush" order, with plenty of time to make themselves neat and tidy, the day will be much pleasanter for all concerned.

One of the greatest mistakes of mothers is that of letting the children lie until breakfast; as is necessary to be dished up that they have time to go their rounds to make themselves neat and tidy, the day will be much pleasanter for all concerned. The fact that the children are not yet "ready to receive" our own self by saving the product of such hills as yield the greatest weight of smooth marketable tubers, while we know to be selecting his seed in this manner. It is a false idea of economy to save a few dollars per acre by using cheap seed, and thereby ruin your chances of success at the start. The fact that many growers are planting small and indifferent seed year after year largely accounts for the low average yield reported and also for the deterioration of most varieties after eight or ten years in the hands of the average grower. Small to medium tubers, selected as already mentioned, that have lost their vitality by sprouting, will generally produce a more satisfactory crop than larger seed of the same variety grown from a poor strain of tubers that have been weakened by excessive sprouting.

All this agrees exactly with my notions about selecting potatoes.

Sewing, knitting, fancywork, may be allowed, and even encouraged, until the "newness" of the idea is somewhat worn away. The time given to the exchange of ideas among friends and acquaintances, with bronzing effects upon individual horizon, would be very useful and refreshing. The refreshments should be limited to sandwiches and tea, fruits, or anything else which have full of pith and needles before beginning. I wrapped them in salt, and the next day they were all right. A neighbor, while in the woods of northern Minnesota, froze his feet as bad that a doctor wanted to take them off to which he would not consent. Many weeks after, he called on me, the feet were sore and very much swollen. I told him of the salt, which he used with good results?

It is mildly laxative, it contains no opium and is safe for children and delicate persons. Sold by Louisa Drug Co.

### FOSTERING THE SOCIAL SPIRIT.

It is a good time to organize a club in your village or neighborhood.

The tastes of your neighbors may be more social than literary, and in that case, it might be well to, in the beginning, have the meetings perfectly informal, something like the old fashioned "spending the day" of our mothers' and grandmothers' time. Sewing, knitting, fancywork,

may be allowed, and even encouraged, until the "newness" of the idea is somewhat worn away. The time given to the exchange of ideas among friends and acquaintances, with bronzing effects upon individual horizon, would be very useful and refreshing. The refreshments should be limited to sandwiches and tea, fruits, or anything else which have full of pith and needles before beginning. I wrapped them in salt, and the next day they were all right. A neighbor, while in the woods of northern Minnesota, froze his feet as bad that a doctor wanted to take them off to which he would not consent. Many weeks after, he called on me, the feet were sore and very much swollen. I told him of the salt, which he used with good results?

It is mildly laxative, it contains no opium and is safe for children and delicate persons. Sold by Louisa Drug Co.

### PIRATING FOLEY'S HONEY AND TAR.

Foley & Co., Chicago, originated Honey and Tar as a throat and lung remedy, and on account of the great merit and popularity of Foley's Honey and Tar many imitations are offered for the genuine. Ask for Foley's Honey and Tar and refuse any substitutes offered as otherwise they will grow worse.

Foley's Honey and Tar will grow worse.

It is mildly laxative, it contains no opium and is safe for children and delicate persons. Sold by Louisa Drug Co.

### For Frozen Feet.

on practically without let or hindrance.

The election just past is the only one that was absolutely dry. Old timers! That's another story. The smoke could not be cut with a knife.

There is no sentiment against cigar smoking.

That's what he said and further, he said this:

"The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."

The longer that you smoke the better you will be."